

“When I found Him Whom my heart loves...I would not let Him go!” Sg 3:4
Recognizing and persevering in God’s will: a discernment retreat with the Cloistered Dominican
Nuns of the Monastery of the Blessed Sacrament

Retreat Schedule

Arrival The retreat does not begin until 7:15am Mass on Saturday the 20th, but participants are encouraged if possible/necessary to arrive during the afternoon of Friday the 19th, between 1pm and 4pm, in order to get settled before the retreat begins. Accommodations will be provided.

Saturday, July 20

7:15am Opening Mass followed by enrollment in Angelic Warfare Confraternity.
Breakfast with conversation in Guild Room. SILENCE begins with Terce bell.

9:10/15am Bell for Terce (Midmorning Prayer) in chapel with the Sisters

NB: Morning conferences are separated by an approximately 15-minute interval to allow “wiggle room” for time over/Q&A, restroom stops, snack/drink/stretch breaks, (quick!) visits to the gift shop and other necessities. Please maintain an atmosphere of prayerful silence throughout the retreat, apart from times set aside for recreation. Necessary conversation outside of conferences and one on one meetings should be brief, in a subdued voice, and apart from others as much as possible to avoid disturbing them. Thank you for your cooperation!

9:30-10:30am	Introduction to the retreat and presenters Religious Life and the universal call to holiness The contemplative life of nuns The Dominican charism History/charism of OP nuns in the US and FH	Sr. Dominic Marie, OP Sr. Clara Marie, OP Fr. Jordan DeGuire, OP Sr. Mary Thomas, OP
--------------	---	---

10:45-11:30am	Discernment methods/spiritual tools/spiritual warfare strategies in preparation for a monastic vocation	Fr. Jordan DeGuire, OP
---------------	---	------------------------

Until 11:50am	Confession/time for private prayer/processing conferences Fr. Jordan DeGuire, OP Fr. David Santoro, OP, monastery chaplain
---------------	--

11:50/Noon	Bell for Sext (Midday Prayer) in chapel with the Sisters/Angelus/ <i>De Profundis</i> in Guild Room followed by Dinner and cleanup
------------	--

1pm	None (Midafternoon Prayer) in chapel with the Sisters (NO bell)
-----	---

1:15-2pm	Vocation stories, followed by Q&A/break	Sr. Clara Marie, OP Sr. Faustina Marie, OP Sr. Dominic Marie, OP Fr. Jordan DeGuire, OP
----------	---	--

- 2:20-4pm 20-minute meeting time slots with presenters/free time (last time slot: 3:40)
- 4:20/4:30pm Bell for Vespers (Evening Prayer) with the Sisters. Time for private prayer/spiritual reading
- 5:55/6pm Bell for Supper/Angelus. Clean up/free time
- 6:50/7pm Rosary in chapel with the Sisters, followed by Compline
- Until 8:30pm Recreation in parlor with the Sisters, concluding with *Sub Tuum* prayer to Our Lady, beginning Grand Silence

Night adoration will be kept by retreat participants, in union with the Sisters, beginning after Compline. Ten minutes before your adoration is over, please awaken the next adorer. Out of respect for our Eucharistic Lord and for the sake of modesty, please DO NOT come to chapel in pajamas! However, wearing something like a light coat/jacket and a skirt over them would be sufficient.

Sunday July 21

- 4:55am Rising bell
- 5:15/20am Warning bell/strokes
 Angelus/Matins (Office of Readings)/Lauds (Morning Prayer) in chapel with the Sisters
 Private prayer/spiritual reading
- 7:05/15am Closing Mass followed by breakfast in Guild Room with conversation

Departure of retreat participants

For those who are flying: Sunday Mass is generally over by 8:15am and Detroit Metropolitan Airport is approximately 40 minutes away (NB: we cannot guarantee transportation if you choose to fly to any other airport). Please allow adequate time for transportation. The earliest the Extern Sisters can get you to the airport is 9:15am or so, if you wish to skip breakfast or make it very quick. Your return flight should not be any earlier than 10:15ish.