

Cloistered Dominican Nuns  
Monastery of the Blessed Sacrament  
29575 Middlebelt Rd  
Farmington Hills, MI 48334  
opnuns-fh.org

P: 248 626-8321 F: 248 626-8724 E: dnf vocations@gmail.com

“When I found Him Whom my heart loves...I would not let Him go!” Sg 3:4  
Recognizing and persevering in God’s will: a discernment retreat with the Cloistered Dominican  
Nuns of the Monastery of the Blessed Sacrament

## Overview of the retreat

### Arrival and format of retreat

We encourage retreatants to arrive on the day prior to the beginning of the retreat, July 19, 2024, between 1-4pm (please call or email if you have questions about arrival arrangements outside of this time frame). Please have lunch before you arrive at the monastery as no meals will be available before supper. Accommodations will be provided. If you need a ride from the airport, please let us know as soon as your arrangements have been made. If there is enough interest, carpooling accommodations may be coordinated through the vocation directress. Please see the registration form for more information.

This is an **overnight** event (one or two nights, depending on TOA) with retreatants being accommodated in our Guild Room (**sleeping on the floor**). Limited bathroom facilities will be available but with **no showers**. Please plan accordingly.

Please note that **no accommodations will be made for special dietary needs/food allergies, including vegetarian/vegan diets.**

### Cancellations

If you need to cancel at ANY time before the retreat (including the morning of, eg. in the case of sickness) please let us know ASAP either by calling 248 626-8321 or emailing the vocation directress at dnf vocations@gmail.com. You will NOT be penalized in any way for a legitimate cancellation (including in the event that you would like to discern with us at some other time), but we are grateful for as much advance notice as possible so that we can make alternate arrangements, especially if there are other young women who would like to attend pending available space.

### Dress Code

Out of respect for Our Lord in the Blessed Sacrament and our friars, please wear loose-fitting, modest attire.

Please NO low-cut or sleeveless shirts/blouses

Skirts/pants should fall to about mid-calf or lower, but **MUST** be below the knees

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when seated.

Please try to avoid large logos/slogans, as they can be distracting  
Head coverings/scarves/mantillas worn out of respect for the Blessed Sacrament  
are certainly appropriate, especially if you are already in the practice of  
wearing them, but are *not* required

Please wear a bath/night robe over your pajamas

### **Cost**

This retreat is FREE and includes meals and snacks. Enrollment in the Angelic Warfare Confraternity (<https://www.angelicwarfareconfraternity.org/>) with cord and medal is likewise free for all retreatants who are interested. Enrollment will take place after Mass on July 20 and is highly encouraged but not required.

### **To Pack:**

Change of clothing (including pajamas) sufficient for one full day and one or two partial days, depending on when you arrive.

Bath/night robe to be worn over pajamas for modesty

Tooth brush and toothpaste

A personal wash cloth if you would like to take a “sink shower” (shower facilities will not be available during the retreat, but wash cloths may be provided as needed for those who do not bring one)

Rosary

Bible

Journal/personal notebook if desired (paper for notes will be provided as well)

Any other necessary personal items